

# Information about CMSD High Schools

#### Student Health and Risk Behaviors

In the CMSD High School Youth Risk Behavior Survey, high school students reported that:

		2013	2015
•	Have had sexual intercourse.	58%	50%
•	Had sexual intercourse for the first time before age 13 years.	15%	11%
•	Had sexual intercourse with four or more persons during their life.	24%	17%
•	Had sexual intercourse with at least one person during the 3 months before the survey.	39%	34%
•	Did not use a condom during last sexual intercourse. (1)	39%	45%
•	Has been pregnant or has gotten someone pregnant.	8%	8%
•	Had been forced to have sexual intercourse	11%	9%
•	Had been taught about HIV or AIDS infection in school.	n/a	79%

#### The Response

In the 2016 School Health Profiles, principals and health educators reported that among CMSD high schools:

- 68% taught 11 key pregnancy, HIV, or other STD prevention topics in a required course.
- 76% assessed the ability of students to do 7 key HIV, STD or other pregnancy prevention skills in a required course.
- 83% taught how to access valid and reliable health information, products, or services related to HIV, other STDs, and pregnancy in a required course.
- 62% had a lead health education teacher who received professional development during the 2 years before the survey on HIV prevention.
- 62% had a lead health education teacher who received professional development during the 2 years before the survey on pregnancy prevention.
- 32% implemented HIV, other STD, and pregnancy prevention strategies that meet the needs of lesbian, gay, bisexual, transgender, and questioning youth.
- 36% provided parents and families health information to increase parent and family knowledge of HIV prevention, STD prevention, or teen pregnancy prevention.

# **Creating Solutions**

The CMSD Responsible Sexual Behavior Program is:

- Selecting and implementing a new comprehensive sexual health education curriculum.
- Establishing linkages with teen friendly community-based sexual health service providers.
- Working to increase student awareness of school- and community-based sexual health service provders.
- Developing a youth-friendly sexual health services clinical referral resource guide and a sexual health services referral protocol.
- Implementing LGBTQ cultural competency training and *Safe Zone* training, which supports safe and supportive schools for sexual minority youth.
- Providing information and guidance to parents so they can talk to their child about sexuality, relationships and abstinence. Workshops are offered to parents on: Talking to Your Child about Sex, Keeping Your Child Safe On-line and Parental Monitoring.

1. Among students who were sexually active in the past 3 months.

For more information on the CMSD Responsible Sexual Behavior Program contact: Sharon Stevens, Program Manager at Sharon.stevens@clevelandmetroschools.org or Lauren Waldron, RSB Content Expert at Lauren.waldron@clevelandmetroschools.org

For more information about the Youth Risk Behavior Survey visit http://www.prchn.org/YRBS.aspx



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### Information about CMSD Middle Schools

# Student Health and Risk Behaviors

In the CMSD Middle School Youth Risk Behavior Survey, middle school students reported that:

•	Have had sexual intercourse.	<b>2014</b> 21%	<b>2016</b> 19%
•	Had sexual intercourse with at least one person during the 3 months	13%	10%
	before the survey.		
•	Did not use a condom during last sexual intercourse. (1)	29%	39%
•	Had been taught about HIV or AIDS infection in school.	61%	48%

### The Response

In the 2016 School Health Profiles, principals and health educators reported that among CMSD middle schools:

- 35% taught 11 key pregnancy, HIV, or other STD prevention topics in a required course.
- 54% taught how to access valid and reliable health information, products, or services related to HIV, other STDs, and pregnancy in a required course.
- 50% had a lead health education teacher who received professional development during the 2 years before the survey on HIV prevention.
- 34% had a lead health education teacher who received professional development during the 2 years before the survey on pregnancy prevention.
- 5.5% implemented HIV, other STD, and pregnancy prevention strategies that meet the needs of lesbian, gay, bisexual, transgender, and questioning youth.
- 4% provided parents and families health information to increase parent and family knowledge of HIV prevention, STD prevention, or teen pregnancy prevention.

# **Creating Solutions**

- Selecting and implementing a new comprehensive sexual health education curriculum.
- Establishing linkages with teen friendly community-based sexual health service providers.
- Working to increase student awareness of school- and community-based sexual health service provders.
- Developing a youth-friendly sexual health services clinical referral resource guide and a sexual health services referral protocol.
- Implementing LGBTQ cultural competency training and *Safe Zone* training, which supports safe and supportive schools for sexual minority youth.
- Providing information and guidance to parents so they can talk to their child about sexuality, relationships and abstinence. Workshops are offered to parents on: Talking to Your Child about Sex, Keeping Your Child Safe Online and Parental Monitoring.

1. Among students who ever had sexual intercourse

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